

# Physical Education

Year group: 5/6

Term: Cycle A Autumn 1

## Prior knowledge

Pupils have an understanding of passing, moving and dribbling as part of a team. They have knowledge of the qualities needed for effective communication.

## National Curriculum Objectives

- Use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending



## Topic overview



## Invasion - Football

The unit of work will challenge pupils to create attacks that result in a shooting opportunity. Pupils will be able to develop tactics for both attacking and defending and apply these successfully within their team.

## By the end of this unit, I will be able to:

**Physical** - Pupils will pass, move, dribble and shoot accurately and consistently, switching fluidly between attack and defence as possession changes.

**Cognitive** - Pupils will begin to create and apply tactics that they can then adapt depending on the situation.

**Social** - Pupils will develop communication skills as they officiate in game-based scenarios. Pupils will also start to lead their team and manage their games

**Wellbeing** - By facilitating learning through game-based scenarios and mini game situations, pupils will be challenged to try their best and start to take responsibility for others.

## Key vocabulary

- Refine
- Maintain possession
- Defensive strategies
- Tackling
- Pressuring
- Marking
- Tactics
- Adapt